

# SHAREABLES

## WILF'S FAMOUS SPIN DIP

Served with nacho chips and warm naan 16

## SWEET POTATO FRIES

Served with chipotle aioli 9.5

## TRUFFLE PARMESAN FRIES

Fries tossed in truffle oil, parmesan, and rosemary served with truffle aioli 10

## ONION RINGS

Served with our house made fry sauce 10

## CHICKEN WINGS & FRIES

Served with ranch

**Single** (6 wings + 1 sauce) 20

**Double** (12 wings + 2 sauces) 30

**Sauce Choices:** Hot, Medium, Mild, BBQ, Honey Garlic, Sweet Chili Thai, Rock 'N Roll, Fire 'N Ice, Sriracha Caesar, Melt Your Face Off

## SPICY CAULIFLOWER BITES

Fried and tossed in buffalo sauce, served with ranch 18

## BANG BANG SHRIMP

Battered shrimp tossed in our house made bang bang sauce garnished with green onions 18

## NACHOS

3 cheese blend, diced tomato, jalapeño, green onion and a side of sour cream 18

Add Protein +6 (Taco Beef, Chicken, Vegan Taco Beef)

Add Guacamole +2.5

## WONTON NACHO CLUBS DELIGHT

*From your Students' Union VP of Clubs and Associations, Alya Najla.*

Fried wontons topped with mozzarella, thai peanut sauce, wasabi sour cream & green onion 19

Add Protein +6 (Taco Beef, Chicken, Vegan Taco Beef)

## POUTINE

A mountain of fries topped with cheese curds and gravy 12

Add Bacon +2

## BRO-DEREK SPECIAL

*From your Students' Union VP of Government & Stakeholder Relations, Brodie Norwich.*

A mountain of fries topped with cheese curds, gravy, buffalo crispy chicken and ranch 19

## LOADED FRIES

Fries topped with bacon, melted cheese and ranch dressing. Topped with green onion 16

# PASTA

Gluten Free Penne available / Add Garlic Cheese Bread +2.99

## SPAGHETTI & MEATBALLS

Spaghetti in marinara, topped with parmesan cheese 17

## FOUR CHEESE PENNE

Marinara and alfredo sauces covered with 3 cheese blend and parmesan 14

## BABY GOT MAC (N' CHEESE)

*From your Students' Union VP of Programming and Service Brantford, Sayak Sneddon-Ghosal.* Cavatappi noodles tossed in our creamy alfredo sauce topped with cheese and paprika 15

### ADD PROTEIN TO ANY PASTA +5.99

Crispy Chicken, Roasted Chicken, Veggie Chik'n Fingers, Taco Beef, Plant Based Ground Beef, Meatballs, Plant Based Meatballs

# MAINS

## SAUCED & TOSSED CHICKEN TENDERS

5 breaded seasoned chicken tenders tossed in your choice of wing sauce.

Served with ranch for dipping and fries 19.5

## CHICKEN 'N WAFFLES

Our house made waffles with buttermilk southern fried chicken, served with pancake syrup 17

## CRISPY SOUTHERN FRIED CHICKEN

3 pieces of southern style fried chicken drizzled with our hot n' honey sauce served with coleslaw and fries 22

## THE PROGRAMMING PRO BOWL

*From your Students' Union VP of Programming and Services Waterloo, Matilda Morrison.*

This burrito bowl includes your choice of chicken, taco beef or plant based taco beef served with rice, lettuce, avocado, tomato, red onion, corn tortilla chips and cheese, with our coriander vegan mayo dressing 18

## FAJITA BOWL

Grilled chicken breast, rice, romaine, beans, red bell peppers, corn and guacamole with poblano avocado ranch 18

## CHICKEN STIR FRY

Chicken, broccoli, and red peppers tossed in a spicy szechuan sauce served on rice 20

## BUTTER CHICKEN

Tender chicken marinated and simmered in a creamy tomato gravy. Served with rice and naan 19

**ADD 2oz SPIN DIP TO ANY ITEM 2.99**

# DAILY SPECIALS

**TUESDAY** \$5 OFF  
Butter Chicken

**WEDNESDAY** 2 For \$22 Apps  
Choice of:  
Spin Dip, Poutine,  
Loaded Fries,  
Parmesan Fries

**THURSDAY** \$5 OFF  
An Order of Wings

**FRIDAY** Available after 4pm  
\$12 Pasta  
Spaghetti  
Four Cheese Penne  
Creamy Mac 'N Cheese

Dine-in only, with purchase of a quencher, shake or alcoholic beverage. Cannot be combined with other discounts. No substitutions.

Gluten Friendly With Modification Vegetarian With Modification Halal (Please ask your server how we can make your meal Halal.)

**Wilf's**  
Laurier Lives Here

# SALADS

## ADD PROTEIN TO ANY SALAD +6

Crispy Chicken, Roasted Chicken, Veggie Chik'n Fingers

### WILF'S SALAD

Spring mix tossed in balsamic vinaigrette, topped with roasted beets, feta cheese, dried cranberry and pickled onion 16



### CAESAR

Romaine hearts tossed in Caesar dressing, topped with bacon, parmesan and crouton 17

### TACO SALAD

Mixed greens, red onion, tomato, tortilla strips, avocado, three cheese blend and taco beef 19

## HOUSE MADE BUTTERNUT SQUASH SOUP

   served with garlic bread 8

## UPGRADES & ADD-ONS

WILF'S SIDE SALAD   2

CAESAR SIDE SALAD  2.5

SOUP 2.5

RICE 2

SWEET POTATO FRIES  2

LOADED FRIES  3.5

POUTINE   3.5

ONION RINGS  2.5

## BEVERAGES

see our bar menu for our non-alcoholic cocktails

FOUNTAIN POP 2.75

Coke, Diet Coke, Sprite, Ginger Ale, Root Beer, Strawberry Fruitopia, Iced Tea

JUICE 2.99

Orange, Pineapple, Cranberry, Grapefruit, Lemonade

COFFEE & TEA 2.99

MILKSHAKES 8

Made with real vanilla ice cream & topped with whipped cream

Vanilla, Chocolate, Strawberry, Cookies and Cream, Mango

# BURGERS

Served with fries or upgrade your side!

 Gluten free bun available

### THE BASIC BURGER

6oz beef patty, Wilf's sauce, lettuce, tomato, onion and pickle on a brioche bun 17

### THE WILF'S BURGER

6oz beef patty, Swiss cheese, caramelized onion, Wilf's sauce, bacon, lettuce, tomato, onion, and pickle on a brioche bun 19

### HUDDY'S HOMERUN BURGER

*From your Students' Union VP of Volunteer Operations, Sarah Hudson.*

6oz beef patty topped with smashed avocado, bacon, and lettuce on a brioche bun. Served with a deli style pickle 20

### THE PLANT BURGER

Plant based patty, sautéed mushroom, vegan cheese, lettuce, onion, pickle and tomato on a brioche bun 17

# HANDHELDS

Served with fries (unless noted) or upgrade your side!

## THE SEAGRAM WRAP

The timeless Wilf's classic. Crispy chicken strips, shredded lettuce, diced tomato, and 3 cheese blend rolled in a flour tortilla with BBQ ranch 17

### CHICKEN CAESAR WRAP

Romaine, bacon bits, and parmesan cheese tossed in Caesar dressing and rolled in a flour tortilla 19

### PLANT BASED CHIK'N WRAP

Crispy plant-based chik'n fingers, shredded lettuce, diced tomato, vegan cheese, and buffalo sauce, wrapped in a flour tortilla 16

ADD 2oz SPIN DIP  
TO ANY ITEM 2.99

### JERK PORK TACOS

3 corn tortillas filled with house made jerk pork and corn salsa. Served with corn chips and salsa 18.5

### BANG BANG SHRIMP TACOS

3 corn tortillas filled with bang bang shrimp, purple cabbage and corn salsa. Served with corn chips and salsa 19

### CLASSIC QUESADILLA

Diced tomato, green onion, and 3 cheese blend, served with salsa and sour cream 15  
Add sauced and tossed chicken +6

### CHEESY BEEF QUESADILLA

Spicy beef, green onion, and 3 cheese blend, served with salsa and sour cream 18

### VEGGIE SANDWICH

Roasted eggplant, red peppers, zucchini, caramelized onion, hummus, and vegan cheese on toasted baguette 18

### BUTTERMILK CHICKEN SANDWICH

Crispy fried chicken and chipotle mayo on a brioche bun topped with shredded cabbage and pickle, drizzled with our house made comeback sauce 19


### CALIFORNIA CHICKEN SANDWICH


Grilled chicken, bacon, guacamole, pesto mayo, lettuce, tomato on toasted sourdough 20

## THE PRESIDENT'S MEAL BEN'S BUFFALO CHICKEN SANDWICH

*From your Students' Union President, Ben Jesseau.* Crispy fried chicken tossed in spicy buffalo sauce with cheese, crispy onion tangles, and lettuce on a brioche bun 20




 Gluten Friendly

 With Modification

 Vegetarian

 With Modification

 Halal (Please ask your server how we can make your meal Halal.)

We take food preparation seriously and take precautions to safeguard our guests with allergies and other dietary requirements, however, please be aware that we can never guarantee 100% that cross contamination of products will not occur. Please advise your server of any allergies or dietary requirements. Scan the QR code for more information on how we handle dietary and allergen requests.