

# Wilf's

Laurier Lives Here

## weekly specials.

- m.** **10 FOR SELECT PASTAS**  
Four Cheese Penne, Spaghetti, and Mac and Cheese.
- tu.** **TACO TUESDAY**  
5 per taco. Choice of:  
**Pulled Pork:** Pico de Gallo, Poblano Avocado Aioli.  
**Veggie:** Veggie crumble, lettuce, feta, Poblano Avocado Aioli.  
**Beef:** Pico de Gallo, Poblano Avocado Aioli.  
Add Salsa, Sour Cream, and Guac for 2 each.  
Gluten Friendly Available.
- w.** **TWO FOR 20 ON SELECT APPS**  
Spin Dip, Chorizo Queso Dip, Chips and Dip, Pretzels, Kettle Chips.
- th.** **WINGS**  
9.99 for a single (1 sauce)  
18.99 for a double (2 sauce)  
Boneless or Traditional.
- f.** **FISH FRIDAY**  
5 off an order of fish and chips
- sat.** **5 OFF BURGERS**  
Chance to get your favourite burger for 5 off!

Dine in only, with purchase of a beverage.  
Cannot be combined with other discount. No substitutions.

## shareables.

### wilf's famous spin dip

   **15.99**

Served with nachos chips and warm naan.

### POUTINE **11.99**

A mountain of fries topped with cheese curds and gravy.

Add bacon for 2.99.

### LOADED FRIES **14.99**

Fries covered with cheese, bacon, and ranch dressing, garnished with green onion.

Substitute with sweet potato fries for 1.99.

### SWEET POTATO FRIES **8.99**

Served with chipotle aioli.

### FRENCH FRIES **7.99**

Served with our house made fry sauce.

### CHEESE PEROGIES **9.99**

With caramelized onion and bacon.  
Served with sour cream for dipping.

### ONION RINGS **8.99**

Served with our house made fry sauce



### KETTLE POTATO CHIPS **7.99**

Dusted in Cajun spice and served with horseradish aioli.

### DIP TRIO **8.99**

Nacho chips with 3 dips: Hummus, Salsa, and Pico de Gallo.

Add guacamole for 2.99.

### CHORIZO QUESO DIP **16.99**

Spiced chorizo sausage folded into warm queso cheese dip.

Served with nacho chips and warm naan.

### NACHOS **17.99**

3 cheese blend, diced tomatoes, jalapenos, corn salsa, queso, topped with green onion. Served with a side of salsa, sour cream and queso dip.

### NACHO AVERAGE NACHOS **17.99**

From Students' Union VP of Clubs & Associations Neelesh Rehal

Tater Tots served up with diced tomatoes, jalapenos, corn salsa, three cheese blend, garnished with green onion with a side of queso, salsa and sour cream.

Add spicy beef for 5.99.

Add vegan crumble for 5.99.

Add crispy or grilled chicken for 5.99.

Add guacamole for 2.99.

### CALAMARI **17.99**

Lightly breaded in house served with chipotle aioli.

### SPICY CAULIFLOWER BITES **16.99**

Fried and tossed in buffalo hot sauce, served with ranch.

### PRETZELS **13.99**

Two soft pretzels toasted with butter served with warm queso or spin dip sauce.



Please speak to your server about how we can make your meal Halal.

## soups & salads.

Add protein to any salad for 5.99.

### CHILI **9.99**

From Students' Union VP of Government and Stakeholder Relations Vivian Chiem.

### THE MEAL OF THE CHIEM-PIONS'

House made chili with ground beef, kidney beans, tomatoes and other vegetables, served with sour cream, feta cheese and toast

### SOUP OF THE DAY **6.99**

Weekly handcrafted by our chef and served with garlic bread. Ask your server for this week's feature.

### WILF'S SALAD **9.99**

SMALL 9.99 LARGE 15.99

Roasted beet, feta cheese, dried cranberry and pickled onion. Served with balsamic vinaigrette.

### CAESAR SALAD **10.99**

SMALL 10.99 LARGE 14.99

Bacon, parmesan and croutons tossed in a creamy caesar dressing.

### GARDEN SALAD **9.99**

SMALL 9.99 LARGE 12.99

Shredded carrot, cucumber and diced tomatoes. Served with balsamic dressing.

### COBB SALAD **17.99**

Grilled chicken, 3 cheese blend, sliced hardboiled egg, bacon, diced tomato, red onion and guacamole. Served with ranch dressing.



Scan here for more information on how we handle dietary and allergen requests.

We take food preparation seriously and take precautions to safeguard our guests with allergies and other dietary requirements, however, please be aware that we can never guarantee 100% that cross contamination of products will not occur. Please advise your server of any allergies or dietary requirements.

# mains.

## pasta

Gluten free penne available by request.

Add garlic bread for 2.99.

### SPAGHETTI 12.99

Marinara sauce topped with parmesan and garnished with basil.

### FOUR CHEESE PENNE 12.99

Marinara and alfredo sauces covered in 3 cheese blend and parmesan.

### CHICKEN PARMESAN 17.99

Breaded chicken breast topped with mozzarella served over spaghetti tossed in marinara sauce.

### CREAMY MAC N' CHEESE 14.99

Cavatappi noodles tossed in our cream cheese sauce, topped with 3 cheese blend and potato chip crumbs.

### FISH AND CHIPS 18.99

8oz. battered haddock served with coleslaw and house tartar sauce.

Add a second piece of fish for 7.99.

### CHICKEN TENDERS 17.99

5 breaded seasoned chicken tenders, served with a side of fries and plum sauce.

### SAUCED AND TOSSED CHICKEN TENDERS 18.99

5 breaded seasoned chicken tenders tossed in your choice of wing sauce with fries on the side. Served with ranch for dipping.

### CHICKEN CURRY 16.99

Chicken thigh marinated in our house made curry sauce with red peppers and potatoes, served with rice and naan.

### FAJITA BOWL 17.99

Grilled chicken breast, rice, romaine, beans, roasted red peppers, corn and guacamole.

Please speak to your server about how we can make your meal Halal.

# handhelds.

All handhelds come with a side of fries or garden salad, or substitute for a side of your choice.

### THE SEAGRAM WRAP 15.99

The timeless Wilf's classic. Crispy chicken strips, shredded lettuce, diced tomatoes, and 3 cheese blend rolled in a flour tortilla with BBQ ranch sauce.

### CLASSIC QUESADILLA 14.99

Diced tomato, green onion, and 3 cheese blend. Served with salsa and sour cream.

### VEGGIE BURRITO 13.99

Guacamole, rice, beans, purple cabbage, red peppers, vegan crumble Pico de Gallo, and poblano avocado dressing rolled in a flour tortilla.

### The KOKO- DILLA QUESADILLA 16.99

From Students' Union VP of Programming and Services Brantford Koyal Vyas.

Peri-Peri chicken with red peppers, tomatoes, green onion, and our 3 cheese blend, served quesadilla style with salsa and sour cream.

Or substitute chicken for black beans.

### CHEESY BEEF QUESADILLA 15.99

Spicy beef and 3 cheese blend. Served with sour cream and salsa.

### BUTTERMILK FRIED CHICKEN SANDWICH 17.99

Crispy fried chicken, shredded cabbage and pickle, drizzled with our house made comeback sauce and chipotle mayo. Served on a brioche bun.

### GRILLED CHEESE 6.99

3 cheese blend melted between two slices of sourdough.

### BROPHY'S CLUCKIN' GOOD CHICKEN SANDWICH 17.99

From Students' Union VP of Financial and Volunteer Operations Sarah Brophy.

Grilled chicken, avocado, roasted red peppers, cheddar cheese and pesto mayo. Served on toasted sourdough.

### MUSHROOM MELT 14.99

Shredded white cheddar, Swiss cheese and sautéed mushroom on toasted sourdough.

### FRENCH DIP 17.99

Roast beef, caramelized onion, white cheddar, horseradish aioli on a toasted baguette served with au jus.

### THE PRESIDENT'S PULLED PORK SANDWICH 15.99

From Your Students' Union President and CEO Megan Spenler.

Tender pulled pork covered in our smoky BBQ sauced topped with house made coleslaw and served on a brioche bun.

### PLANT BASED SPICY BUFFALO WRAP 13.99

Crispy plant-based chik'n fingers, shredded lettuce, diced tomato, vegan cheese, buffalo sauce, wrapped in a flour tortilla.

2.99 add spin to any item.

# wings.

Served with a side of carrots, celery, and ranch for dipping.

Single (8) 15.99

Double (16) 22.99



BBQ	Hot	Rock N' Roll
Honey Garlic	Medium	Fire N' Ice
Sweet Chilli Thai	Mild	Melt Your Face Off

JOIN US FOR WING NIGHT ON THURSDAYS!

# burgers.

Comes with a side of fries or garden salad or substitute for any of our other sides. Burgers come on a toasted brioche bun topped with lettuce, tomato, red onion, and pickle.

Gluten free bun available on request.

### THE BASIC BURGER 15.99

Wilf's burger sauce.

### THE PLANT BURGER 15.99

Black bean and veggie-based patty, vegan cheese, vegan mayo.

### THE WILF'S BURGER 17.99

Bacon, swiss cheese, caramelized onion, Wilf's burger sauce.

### THE BACON CHEESEBURGER 16.99






Cheddar cheese, bacon, Wilf's burger sauce.

# sides & extras.

Carrots & Celery 3.99	Sweet Potato Fries 1.99
Kettle Chips 1.49	Onion Rings 2.99
Caesar Salad 1.99	Side Poutine 2.99
Wilf's Salad 2.99	Loaded Fries 3.99
Soup 2.99	Rice 1.49

### ADD PROTEIN 5.99

Choice of Crispy Chicken, Roasted Chicken, Vegan Crumble, Veggie Chik'n Fingers, or Spicy Beef.

-  **Gluten Friendly**
-  Available with modification
-  **Vegetarian**
-  Available with modification
-  **Halal**

**Wilf's**  
Laurier Lives Here