

SHAREABLES

WILF'S FAMOUS SPIN DIP

Served with nacho chips and warm naan 16

SWEET POTATO FRIES

Crispy, golden sweet potato fries served with chipotle mayo. A sweet and spicy twist on a classic favorite 10

TRUFFLE PARMESAN FRIES

Fries, tossed in truffle oil, parmesan, and rosemary served with truffle aioli 10.5

LOADED FRIES

Golden fries piled high with melted cheese blend, bacon, drizzled with creamy ranch topped with green onions 16

ONION RINGS

Thick-cut, crispy golden onion rings served with a side of classic fry sauce for the perfect savory bite 11

POUTINE

A mountain of fries topped with cheese curds and gravy 12
Make it a dill pickle poutine +4
Add Bacon +2

SPICY CAULIFLOWER BITES

Crispy cauliflower florets tossed in medium sauce, drizzled with ranch garnished with green onion 18

HOLY GUACA-PREET

From your Students' Union VP of Programming & Services Brantford Sachpreet Karda

A nacho-based meal with cheese blend, black beans, diced tomato, red pepper, jalapeno garnished with green onion, served with salsa and guacamole 19

Add protein for +6

APPETIZER SAMPLER

A delicious mix of four crowd-pleasers: Crispy Mac & Cheese Bite, Golden Vegetable Samosa, Fried Perogy, and a Creamy Cheese Risotto Ball - perfect for sharing or indulging. Served with dill pickle ranch 18

CORN DIP

A creamy blend of sweet corn, cream cheese, mayo, mixed cheese, jalapeños, green onions, and spices, served with naan and corn tortilla chips 15

LEZ TACO 'BOUT IT

From your Students' Union VP of Programming & Services Waterloo Maria Gonzalez

Three taco shells, bean puree, diced grilled chicken, shredded lettuce, mozzarella cheese, diced tomatoes, served with green salsa and sour cream 18

WINGS & THINGS

CHICKEN WINGS

Breaded and sauced wings with ranch (8) 17

Sauce Choices: Mild, Medium, Hot, BBQ, Honey Garlic, Sweet Chili Thai, Rock 'N Roll and Fire 'N Ice

SAUCED & TOSSED CHICKEN TENDERS

Breaded seasoned chicken tenders tossed in your choice of wing sauce with a side of fries. Served with ranch for dipping (5) 20

PASTA

Gluten Free Penne available / Add Garlic Cheese Bread +2.99

ADD PROTEIN TO ANY PASTA +6

Crispy Chicken, Roasted Chicken, Veggie Chik'n Fingers, Taco Beef, Plant Based Ground Beef

SPAGHETTI BOLOGNESE

Classic spaghetti topped with a rich, slow simmered beef in tomato sauce, finished with Parmesan cheese 18

FOUR CHEESE PENNE

Marinara and alfredo sauces covered with cheese blend and parmesan 15

CHICKEN ALFREDO

Grilled chicken breast cooked with penne pasta, tossed in a rich, creamy Alfredo sauce topped with parmesan cheese 18

CREAMY MAC N' CHEESE

Cavatappi noodles tossed in alfredo sauce, topped with melted cheese 15

ADD 2oz SPIN DIP
TO ANY ITEM 2.99

MAINS

CHICKEN STIR FRY

Chicken, broccoli, and red peppers tossed in a spicy szechwan sauce served on rice 20

BRADY'S BADDIE BOWL (THE BADDIE)

From your Students' Union VP of Clubs & Associates Katrina Brady

Golden crispy tofu cooked in teriyaki sauce with caramelized onion and roasted red peppers served over basmati rice garnished with green onion, and sesame seeds 17

Substitute tofu for grilled chicken for +3

JERK CHICKEN

Smoky jerk chicken served with rice and peas, paired with creamy coleslaw. A bold taste of the Caribbean 16

PLANT BASED BURRITO BOWL

Crisp romaine layered with rice, chickpeas, beans, vegan cheese, plant-based beef, corn chips and guacamole. Finished with drizzle of coriander vegan mayo 18

Substitute plant-based beef to chicken +3

FAJITA BOWL

Grilled chicken breast, rice, romaine, beans, red peppers, corn and guacamole drizzled with dill pickle ranch 18.5

BUTTER CHICKEN

Chicken tender marinated and simmered in a creamy tomato gravy. Served with rice and naan 19

DAILY SPECIALS

Dine-in only, with purchase of any drink including fountain pop. Cannot be combined with other discounts. No substitutions.

MONDAY

\$22 All You Can Eat Pasta

Spaghetti Bolognese, Chicken Alfredo, Four Cheese Penne, Creamy Mac N' Cheese.
Add Garlic Bread & Side Salad +6

TUESDAY

Jerk Tuesday

\$5 off jerk chicken

WEDNESDAY

Buy One App, Get One ½ Price All day

Trivia Special

\$5 off Burgers - 7pm to close

THURSDAY

\$1.25 Wings!

Orders of 8 / 16 / 24 | Add ranch +1
Minimum order 8 wings - 1 sauce per order

FRIDAY

\$5 Off Butter Chicken

SATURDAY

Seagram Saturday

\$5 off Seagram Wrap

Wilf's
Laurier Lives Here

Gluten Friendly

With Modification

Vegetarian


With Modification




Halal (Please ask your server how we can make your meal Halal.)




SOUP & SALADS

ADD PROTEIN TO ANY SALAD +6
Crispy Chicken, Roasted Chicken, Veggie Chik’n Fingers

WEEKLY SOUP
Feature Handcrafted by our Culinary Team. Served with garlic toast 8


CAESAR 
Crisp romaine lettuce tossed in creamy Caesar dressing, topped with parmesan, crunchy croutons, and bacon crumble 17


GREEK SALAD   
Crisp romaine lettuce topped with cucumbers, tomatoes, red onions, olives, and feta cheese, finished with Greek vinaigrette 16


GARDEN SALAD   
A fresh mix of garden greens, cucumbers, tomatoes and red onions, served with balsamic vinaigrette 16

SALAD WRAP
Enjoy a Caesar, Garden, or Greek salad with grilled chicken rolled inside a flour tortilla. Served with fries 20


UPGRADES & ADD-ONS



- GARDEN SIDE SALAD   3


CAESAR SIDE SALAD  3

GREEK SIDE SALAD  3

SOUP 3 | RICE 2

NAAN 2.5
- SWEET POTATO FRIES  2.5

LOADED FRIES   4

POUTINE   4

ONION RINGS  2.5

TRUFFLE PARMESAN FRIES 4


BEVERAGES

see our bar menu for our non-alcoholic cocktails


- FOUNTAIN POP** 2.75
Coke, Diet Coke, Sprite, Ginger Ale, Root Beer, Iced Tea
- JUICE** Orange, Pineapple, Cranberry, Grape, Lemonade 2.99
- COFFEE & TEA** 2.99
- MILKSHAKES** Made with real vanilla ice cream & topped with whipped cream 8
Vanilla, Chocolate, Strawberry, Cookies and Cream, Mango

BURGERS

Served with fries or upgrade your side!
 Gluten free bun available

THE BASIC BURGER 
Beef patty, Wilf’s burger sauce, lettuce, tomato, onion and pickle on a brioche bun 17

THE WILF’S BURGER 
Beef patty, Swiss cheese, caramelized onion, Wilf’s burger sauce, bacon, lettuce, tomato, onion, and pickle on a brioche bun 19

THE DOBBSMACKER 
From your Students’ Union VP of Internal Operations, Danielle Dobbs.
Beef burger garnished with (D)ill pickle, caramelized (O)nions and (B)acon, on a (B)rioche bun layered with Wilf’s classic (S)pin dip 20
Make your burger a “DD Double Decker” by adding an additional patty +6

THE PLANT BURGER  
Plant based patty, vegan cheese, lettuce, onion, pickle, tomato and coriander vegan mayo on a brioche bun 17

HANDHELDS

Served with fries (unless noted) or upgrade your side!

THE SEAGRAM WRAP 
The timeless Wilf’s classic.
Crispy chicken strips, shredded lettuce, diced tomatoes, and cheese blends rolled in a tortilla with BBQ ranch 18
Substitute to grilled chicken +3

PLANT BASED CHIK’N WRAP 
Crispy plant-based chik’n fingers, shredded lettuce, diced tomato, vegan cheese, and buffalo sauce wrapped in a flour tortilla 18


BUTTERMILK CHICKEN SANDWICH 
Crispy fried chicken, with chipotle mayo on a brioche bun topped with shredded cabbage, pickle, and drizzled with our house made comeback sauce 19


SWEET CHILI THAI ON BAO BUN 
TENDER Two bao buns filled with our famous sauced & tossed chicken tenders and coleslaw 17
SHRIMP Two bao buns filled with popcorn shrimp and coleslaw 17

CLUB SANDWICH
Tripple decker sandwich stacked with turkey, ham, bacon, lettuce, tomato and mayo on a toasted bread 19

THE PRESIDENT’S MEAL FRYAN JOBBY 
From your Students’ Union President.
Ryan Jobby. Crispy fried chicken tossed in fire n’ ice, with pickle, dill pickle ranch topped with 2 onion rings on a brioche bun 20

GRILLED CHEESE 
Golden, buttery sourdough filled with melted cheese crispy on the outside, gooey on the inside 14






THE SPIN IT TO WIN IT QUESADILLA 
From your Students’ Union VP of Government & Stakeholder Relations.
Sayak Sneddon-Ghosal.
Grilled tortilla stuffed with cheese blend crispy chicken, spin dip, red peppers, and green onions. Served with a side of salsa and sour cream 20
Substitute Crispy chicken for grilled chicken +3

CLASSIC QUESADILLA 
Diced tomato, green onion and cheese blend. Served golden brown with sour cream and salsa on the side for dipping 16
Add chicken + 6

CHEESY BEEF QUESADILLA 
A golden grilled flour tortilla stuffed with spicy beef, mixed cheese, and fresh green onions. Served golden with salsa and sour cream on the side for dipping 18

ADD 2oz SPIN DIP TO ANY ITEM 2.99



 Gluten Friendly  With Modification  Vegetarian  With Modification  Halal (Please ask your server how we can make your meal Halal.)

We take food preparation seriously and take precautions to safeguard our guests with allergies and other dietary requirements, however, please be aware that we can never guarantee 100% that cross contamination of products will not occur. Please advise your server of any allergies or dietary requirements. Scan the QR code for more information on how we handle dietary and allergen requests.